

# Compassion Sunday: Treasurers in Heaven

CHECK-IN	In what way did your actions this past week look a little more like Jesus's actions?
BIG IDEA	Living our lives and spending our time investing in "treasures in heaven" rather than "treasures on earth" is Jesus' plan for us.
DISCUSS	<ul> <li>Read Matthew 6:19-21.</li> <li>1. What do you think Jesus means by "treasures in heaven?" How do we invest in them?</li> <li>2. Why do you think it's so easy to focus on "treasures on earth?"</li> <li>3. How can we practically focus on "treasures in heaven," rather than "treasure on earth?" What are two ways or examples you can think of?</li> </ul>
APPLY How do we respond to God's teaching in meaningful ways? What might God ask of us in mind, spirit, or actions?	<ol> <li>Are there any "treasures on earth" in your life that's challenging your focus on your "treasures in heaven?"</li> <li>How can we start believing "The False Narrative?"</li> <li>How do we guard our hearts?</li> </ol>



#### PRAYER PRACTICE

(15 minutes)

## Becoming "Treasurers in Heaven"

#### 1. Re-Focusing

Sit comfortably, close your eyes, and take slow, deep breaths. Let your mind settle and body rest in stillness before God.

- As you breathe in, say: "My heart belongs to You God."
- As you breathe out, say: "Free me from my treasures on earth."

## 2. Reflecting

After re-focusing, spend time in silence reflecting through prayer or journaling these prompts:

- What treasures on earth am I clinging to? Why do I spend my energy pursuing it?
- What treasure in heaven does God want me to invest in instead?
- Ask God to help us to navigate our battle of temptation with our treasures on earth.